

REGAN

COMMUNICATIONS
GROUP



November 2020



 Best Version Media

Cover photo by Diane Brophy Photography

THE MORAN FAMILY: A BEAUTIFUL AND ACTIVE LIFE

By Hillel Bromberg

Photos courtesy of
the Moran Family



In Dr. Renée and Joe Moran, you have the marriage of medical practice and insurance. Literally. But probably not in the way you might think.

Let's start with Renée. After earning a BA in pre-medicine and psychology from Boston College, she got her doctorate in osteopathic medicine from Midwestern University in Arizona. Then came a residency in anesthesiology and pain medicine at Saint Elizabeth's Medical Center and a research fellowship at Mass General. Renée currently teaches anesthesiology at Harvard Medical School and works at Beth Israel Deaconess Medical Center. She is a formal mentor for countless trainees, including pain medicine fellows, anesthesiology residents, and Boston College pre-med students, and advocates for women's advancement in the field. Her research has led to dozens of articles on chronic migraine, fibromyalgia, myofascial pain, pericranial nerve blocks and more.

But that wasn't enough, so in May 2019, Renée opened Dr. Renée Moran Medical Aesthetics on Union Street in Newton Centre. The practice offers a range of treatments, including Botox, dermal fillers, dermaplaning, medical-grade chemical peels and medical-grade skin care products. It is one of the first medical spas in Greater Boston to offer radiofrequency microneedling, which is a non-invasive treatment that targets

signs of aging and tightens skin. As if teaching, research and running a business weren't enough, Renée just signed up to become a Girl Scout leader and start a Daisy troop in the fall, and she is a room parent at her daughter's school.

Let's let Renée rest for a moment while we turn to Joe. He went to the University of New Hampshire where he played on their storied hockey team, so it's no surprise that his BA is in sports management. Most of Joe's career has been in financial services and insurance sales, first at John Hancock where he sold variable annuity products to financial advisors throughout the country, then at iCapital, connecting companies to the firm's retirement plan platform. Joe is now senior partner and business development manager at EBS-Employee Benefit Solutions. Joe has been involved with Horizons for Homeless Children and, like his wife, has a connection to BC where he previously coached hockey in the Jr. Eagles program. True to his roots, Joe still loves playing pick-up hockey and is also in a summer golf league.

To round out this busy family, we have six-year-old Stella, who loves piano, horses, hockey, swimming and "all things that have the word princess in them." Lola, 3, loves dolls, swimming, painting and music. Jack Moran, 14, lives in Waban with his mom and stepdad and is the family's

Renaissance man. He avidly fishes every summer with the family on Martha's Vineyard and has attended fishing camp every summer since he was 5. Jack also loves soccer, basketball, cooking, photography and building things. When not doing any of this, he is getting bossed around by his two sisters. Five people in the house isn't enough, so let's put Coco the bernedoodle and sister cats Josie and Pittsy into the mix. Whew!

When Renée opened the medical spa, she could never have imagined that this up-close-and-personal business would face a pandemic less than a year later. After closing briefly, they continued virtual consultations and launched a new medical-grade skincare line, RM Skincare, donating a portion of the first month's proceeds to COVID-19 relief efforts in Newton. While the spa was closed, Renée got busy on social media. She created a video on how to do an at-home facial and developed a DIY kit. "That's been really great," she explains. "Now more than ever, there's so much pent-up emotion, so this has really been beneficial for our clients. One of them said, 'I bought a facial kit and I dropped it off at my neighbor's doorstep and she just started crying because she just was having a really bad week.' It's nice that we're able to help out like that."

When Renée and Joe came to Newton in 2016, it was like old home week as they moved into a home on Commonwealth Avenue, just a couple of blocks from BC. "We love living on top of Heartbreak Hill," says Joe. "Both of us have run the Boston Marathon a few times and it's such a special race." They don't run Boston any more, but the family still sits in their Adirondack chairs and watches neighbors and runners go by.

The Morans are very much part of the neighborhood. They are walking distance from the spa and Renée helped coordinate a tax-free weekend shopping stroll in August with some of the neighboring small businesses. The family is also known for throwing an adult Halloween party every year. "No costume, no entry!" declares Renée. "Halloween is my favorite holiday so we're disappointed we cannot host this year, but hopefully in 2021." No problem, just add one more item to the Moran family to-do list. ■

